



Sartaj Sandhu, RCC

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To whom it may concern

Date: [Date of letter]

Re: **Jordan Sample** (fictional), Restore Program

This letter confirms that the above-named client has been participating in the Restore Program, a structured counselling program at Praxis Wellness. It is provided at the client's request and with their written consent.

Program start date	[Date]
Sessions planned	[6 / 12] sessions
Sessions attended to date	[Number] of [Number], most recent on [Date]
Areas of focus	[e.g. emotional regulation, substance use, family conflict]
Participation	[e.g. Attended as scheduled and engaged actively in sessions.]

This letter confirms attendance and participation only. It does not describe the content of sessions and is not a risk assessment, psychological evaluation or opinion on any legal matter.

Please contact me at the number above with any questions, with the client's consent.

Sartaj Sandhu, RCC #24906
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